



February 2012



Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:00 Zumba Gold 9:00 Yoga 9:30 Dominoes 10:30 Yoga 12:30 Crochet/Knit 12:30 Depart for High Tea	2 8:30 Strength Training 9:30 Hand & Foot 12:30 Pegs & Jokers 12:45 Hearts 6:00 Grief Support 6:30 Yoga	3 9:00 Yoga 12:00 Potluck 12:45 Cards
6 9:00 Zumba Gold 10:00 Yoga 10:00 Massage 10:00 Playing With Art 12:45 Cribbage 1:00 Scrabble 4:00 Tax Assistance 6:30 Yoga	7 8:15 Strength Training 9:00 Tax Assistance 10:00 Bingo 12:45 Phase 10 12:45 Poker 6:00 Cards	8 9:00 Zumba Gold 9:00 Yoga 9:30 Dominoes 10:00 Rug Hookers 10:30 Yoga 12:30 Crochet/Knit 1:00 Movie Foot Care	9 8:30 Strength Training 9:30 Hand & Foot 10:00 MS Support Group 12:30 Pegs & Jokers 12:45 Hearts 5:30 Defensive Driving 6:00 Grief Support 6:30 Yoga Foot Care	10 9:00 Yoga 12:45 Cards
13 9:00 Zumba Gold 10:00 Yoga 10:00 Playing With Art 11:00 Foot Reflexology 12:45 Cribbage 2:00 Valentine's Dance 2:00 Better Breathers 4:00 Tax Assis-	14 8:15 Strength Training 9:00 Tax Assistance 10:00 Bingo 12:45 Phase 10 12:45 Poker 6:00 Cards Foot Care	15 9:00 Zumba Gold 9:00 Yoga 9:30 Dominoes 10:30 Yoga 10:30 Book Discussion 12:30 Crochet/Knit 2:00 Parkinson's Support	16 8:30 Strength Training 9:30 Hand & Foot 12:30 Pegs & Jokers 12:45 Hearts 6:00 Grief Support 6:00 Aging Parent Care 6:30 Yoga	17 9:00 Yoga 12:45 Card Tourney
20 CENTER CLOSED Presidents' Day	21 8:15 Strength Tr. 9:00 Dr. Lai 9:00 Tax Assistance 10:00 Bingo 11:15 Blood Pressure 12:00 Birthday Bash 12:45 Phase 10 12:45 Poker 6:00 Cards	22 9:00 Zumba Gold 9:00 Yoga 9:30 Dominoes 10:30 Yoga 12:30 Crochet/Knit	23 8:30 Strength Training 9:30 Hand & Foot 12:30 Pegs & Jokers 12:45 Hearts 1:00 Recycled Suit Purse 6:00 Grief Support 6:30 Yoga	24 8:30 Newsletter Assembly 9:00 Yoga 12:00 Soup & Sandwich 12:45 Cards
27 9:00 Zumba Gold 10:00 Yoga 10:00 Playing With Art 12:45 Cribbage 4:00 Tax Assistance 6:30 Yoga	28 8:15 Strength Training 9:00 Tax Assistance 10:00 Bingo 12:45 Phase 10 12:45 Poker 6:00 Cards	29 9:00 Zumba Gold 9:00 Yoga 9:30 Dominoes 10:00 Rug Hookers 10:30 Yoga 12:30 Crochet/Knit 1:00 Red Hatters Luau 6:00 Poker Tourney		

